



THE BIG IDEA | I am forgiven because God loves me!

Elementary

SCRIPTURE | Confession and Forgiveness: Psalm 32

- **INSTRUCTIONS:** *Look up the story in your Bible and encourage the kids to do the same. Read it!*
- Forgiveness is a fancy word that means God helps us when we do wrong. God helps to take away all the bad things in our hearts and God helps us to make better choices the next time. To be forgiven, we need to confess our sin or tell God about what we've done. I know what you're thinking – doesn't God already know? Yes, God knows.
- But when we confess, we are saying that we also understand what we did is wrong and that we understand that we disobeyed God. We are saying God's ways are the best ways and we want to obey God. When we do this, God forgives us and forgets we ever sinned! And if God forgets it, we can, too!
- God not only forgets our sin, but will help us to make better choices the next time!

ACTIVITY | Forgiven and Forgotten

- **INSTRUCTIONS:** Give each kid this week's printable and a pencil. Ask them to think of things they've done wrong and want to confess to God. Once they've had time to write, invite them to fold their paper a few times and bring it to the front. Don't read it. Put a small trash can in the middle of the room so they can throw it in. Once they put it in the can, remind them God takes those sins away and doesn't even remember them anymore. We are forgiven because God loves us!

DISCUSSION

- Do you think there is anything you could do that God would not forgive?
- Read Psalm 32:3-5. What do you think happens if we don't confess our sin?
- What makes it hard for you to confess when you do something wrong?

PRAYER

- Thank You, God, for Your forgiveness. I know there are many things I do wrong. I am very happy You love me and will always forgive me. Help me remember to always tell You about my sin and to always remember that You forgive me.

MEMORY VERSE | Psalm 95:1

