



## THE BIG IDEA | I am confident because God leads me!

Preschool

### SCRIPTURE | Your Word is a Lamp for My Feet: Psalm 119:101-105

- **INSTRUCTIONS:** Look up the story in your Bible and read it to the kids. Hold up a light source for this segment, such as a flashlight, lantern, cell phone light, or glow stick.
- Light is very important! It helps us to see! A lamp is a type of light that helps us see in the dark. That way, we don't bump into anything and hurt ourselves.
- Light helps us see everything around us. When we can see things clearly, we know which way to go. God's words to us, like those right here in the Bible, are like light for our lives. When we obey God's words, they help to keep us safe.
- When we need to know what to do and what not to do, God's words help us figure it out. When we need to make choices or are trying to figure out how to live life, God's words help us.

## ACTIVITY| Follow the Rainbow

- **INSTRUCTIONS:** Lay several pieces of construction paper on the ground, including the colors yellow, blue, red, orange, purple, and green. You will need several of each color. The amount will depend on how large your group is. Call out a color and give the kids to the count of three to find the color square. They have to be touching the square with at least a finger or a toe to stay in the game. More than one kid can be on a square – the more kids on a square, the more fun the game!
- Great job, everyone, for listening to me and following the instructions. Even though I led you to the right color, it's important for us to remember God is the best leader we have.

## DISCUSSION

- Why do you feel safe and confident when God leads you?
- Read Psalm 119:105 again. What are some challenges you might face if you are walking around in the dark without a light on your path?
- Can anyone think of some Bible verses that help us know what we should do?

## PRAYER

- Thank You, God, for leading me and lighting my path. I can be confident and sure of where I'm going when I'm following You!

## MEMORY VERSE | Psalm 95:1

