

# WEEK 1

## SMALL GROUP GUIDE



### **BIG IDEA**

I am wonderful because  
God made me.

### **THE BIBLE**

**Fearfully and Wonderfully Made:** Psalm 139;  
(Psalm 104:24)

## **QUESTIONS**

- What are psalms?
- Name some of the things Psalm 139 says God knows about us.
- How does Psalm 139:14 describe how we were made?
- Read Psalm 104:24. What are some other things God has made in the world that are wonderful, too?
- Sometimes, people don't like how they look or something else about themselves. How does this Psalm help them?
- Why do you think people struggle with feeling good about themselves?
- What is one thing about yourself that you're thankful to God for?

## **ACTIVITY**

*Have kids write out the letters of their name vertically down their paper. After they are finished with their "Awesome Acrostic," have them decorate!*

For each letter of your name, write a word that describes yourself. Each of you are so wonderfully unique, just as God intended!

### **MEMORY VERSE OF THE MONTH:** Psalm 95:1 (NIV)

*Looking for sign language? Go to [growcurriculum.org/Psalm95-1](http://growcurriculum.org/Psalm95-1)  
and get memorizing!*