



### | ACTIVITY | Dress Up

**INSTRUCTIONS:** *Using items from around your home, have your child dress up as what they want to be when they grow up. Then, have them tell you what they want to be and why.*

For the next few weeks, we are going to learn about what it means to be brave! Today, we'll learn about a shepherd boy named David who was chosen for a very special job, just like the jobs you dressed up for today! Even when I dress up, God know who I am.

### | ACTIVITY | This or That

Every day, we make a lot of choices, so we are going to play a fun game about the choices we make. Our Bible story is about a choice God made for the person that would one day become a king.

**INSTRUCTIONS:** *Place a line of tape on the floor, and have your child stand on one side of the tape. Instruct them to move to one side or stay where they are, based on how they would answer your question [For example, "Would you rather eat eggs (indicate right side of the tape line) or cereal (indicate the left side of tape line) for breakfast?"]. Consider the suggestions below or add your own.*

- Pool or beach?
- Cookies or cake?
- Hot dog or hamburger?
- Ice cream or popsicle?

## MUSIC | Worship

**INSTRUCTIONS:** Play or show these songs: [Brave](#) by Saddleback Kids and [Who You Say I Am](#) by Hillsong Worship

## THE BIG IDEA | God knows who I am.

**INSTRUCTIONS:** Challenge the kids to count every hair on their friend's head! Give them a few seconds as they try to count.

We would be here all week, or even all month trying to count the hairs on our friend's head. But you know who does know how many hairs are on your head? God!

God knows everything about us. God knows what we did yesterday and God knows what we are doing tomorrow!

This week's Big Idea is: **God knows who I am!**

## VIDEO | Brave, Episode 1

**INSTRUCTIONS:** Play this week's preschool [teaching video](#). **SCRIPTURE | 1 Samuel 16**

**INSTRUCTIONS:** Look up the story in your Bible and read it to your group, or paraphrase.

**What job did God give Samuel?** God told Samuel to go anoint the next king.

**What was Samuel afraid of?** Sometimes, when God asks us to do something, we are afraid because of what might happen. That's a chance for us to trust God!

**Who told Samuel that David was the one?** God told Samuel that David would be the next king. The job God chose for David was not an easy one, and remember, David was pretty young. He didn't have a lot of experience doing what God chose him to do, but God knew that David was the perfect choice. And God knows who I am. God has chosen special things for me and you to do, too.

## ACTIVITY | I Am

**INSTRUCTIONS:** Write each kid's name on the middle of a piece of paper, or if they can write their own name, encourage them to do it. Have them draw pictures or write words around their name, about things they can do and things they like.

**# TODDLER HACK:** Trace each kid's hand and let them use crayons to color in the drawing. Tell the kids that God knows all about them and loves them.

David was chosen for a very special and important job. And just like David, God created you to do great things.

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## BRAVE | PRESCHOOL — WEEK 1 LESSON GUIDE

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God knows who you are because God made you special and with such great qualities.

### PRAYER

Dear God, thank You for making us special. Thank You for making us brave, smart, strong, creative, and kind. We are so happy You know who we are!

## **DISCUSSION TIME**

### SNACK | Anointed with Oil

**INSTRUCTIONS:** Give the kids some plain bread or crackers and offer them a small dot of olive oil to dip their bread in to taste.

This oil is like the oil Samuel used to show that David would be the next king.

### ACTIVITY | Crown Relay

**INSTRUCTIONS:** Get two plastic dress up crowns and put them on one side of the room. Split the kids into two teams to have a relay race. Guide the kids to run to the crown, put it on the next kid in the line, and then have the next kid run and put it back across the room. Repeat the game until all of the kids have had a turn.

### ACTIVITY | Crown Decorating

**INSTRUCTIONS:** Prepare a [paper crown](#) for each kid and some [decorative gem stickers](#). As the kids finish decorating their crowns, help them put it on. Encourage them to wear it around the room. Tell the kids that God chose them just like God chose David.

Samuel went to Jesse and asked to see his sons. **Did God choose the son that was the oldest and the strongest?** No, God chose the smallest son, David.

Wear this crown and remember that God chose you, too. Maybe not to be a king or queen, but God has wonderful plans for your life!

## MEMORY VERSE | Crown It

**INSTRUCTIONS:** *Have kids hold out their hands and pretend to be holding an imaginary crown. Have kids repeat the memory verse after you, little bits at a time, and when you are finished, have them put the crown on their heads. You can also have them “crown” each other.*

## PLAY TIME

### ACTIVITY | Coloring Page

**INSTRUCTIONS:** *Give each kid a coloring page along with crayons, markers, or colored pencils.*

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## BRAVE | PRESCHOOL — WEEK 1 LESSON GUIDE

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*Remind them of today's story, memory verse, and Big Idea as they color!*

**# TODDLER HACK:** *Give toddlers stickers like [these](#) to decorate their coloring page.*

### ACTIVITY | Fingerprints

**INSTRUCTIONS:** *Get a washable ink pad and help the kids press one finger on it. Then, push their fingers onto a sheet of paper.*

Your fingerprints are special. No one has fingerprints like you. Did you know God knows every part of your fingerprints? I am so glad God knows who I am.

### ACTIVITY | David's Harp

**INSTRUCTIONS:** *Gather stringed instruments like a guitar, autoharp, or ukulele. Show the kids how to strum the strings to produce a sound.*

David played an instrument like this. David played a harp. Harps have strings like this. You can play music like David did.