

GOD GIVES EXTRAORDINARY STRENGTH

CROSSOVER
FROM EVERYDAY TO EXTRAORDINARY

Week 2 – Preschool
Additional Resources for Parents

ACTIVITY: Strong Arm

You all look like a pretty strong bunch. Who thinks they have strong arms? Let me see those muscles! Let's give our muscles a workout by doing some arm exercises.

INSTRUCTIONS: Encourage the kids to do a series of arm exercises such as clapping, arm circles, holding their arms to their left, holding their arms to their right, flexing their muscles, etc. Those are some pretty strong arms! Today's Bible story is about a man who was going to defeat someone. But instead of using his physical strength, he used a very strange weapon.

ACTIVITY: Strong Animals

INSTRUCTIONS: Make two large signs, labeled A and B. Tape them up on different sides of the room. The kids will move back and forth depending on which one they think is correct. Okay, I'm going to call out different animals, two at a time. I want you to choose which animal you think is stronger. Ready? First one: elephant or hippo. If you think the elephant is stronger, go to A (motion to one side of the room). If you think the hippo is stronger, go to B (motion to the other side). Repeat with all remaining examples: grizzly bear or tiger, shark or dolphin, cow or horse, dog or cat. All of these animals are strong in their own way! Today's Big Idea is God gives extraordinary strength. That means God helps us do things we would never be able to do without God's help.

SCRIPTURE: Joshua 6

This story comes from the book of Joshua, chapter six.
INSTRUCTIONS: Read and answer the following questions.

6 Now the gates of Jericho were securely barred because of the Israelites. No one went out and no one came in.

² Then the LORD said to Joshua, "See, I have delivered Jericho into your hands, along with its king and its fighting men. ³ March around the city once with all the armed men. Do this for six days. ⁴ Have seven priests carry trumpets of rams' horns in front of the ark. On the seventh day, march around the city seven times, with the priests blowing the trumpets. ⁵ When you hear them sound a long blast on the trumpets, have the whole army give a loud shout; then the wall of the city will collapse and the army will go up, everyone straight in."

⁶ So Joshua son of Nun called the priests and said to them, "Take up the ark of the covenant of the LORD and have seven priests carry trumpets in front of it." ⁷ And he ordered the army, "Advance! March around the city, with an armed guard going ahead of the ark of the LORD."

⁸ When Joshua had spoken to the people, the seven priests carrying the seven trumpets before the LORD went forward, blowing their trumpets, and the ark of the LORD's covenant followed them. ⁹ The armed guard marched ahead of the priests who blew the trumpets, and the rear guard followed the ark. All this time the trumpets were sounding. ¹⁰ But Joshua had commanded the army, "Do not give a war cry, do not raise your voices, do not say a word until the day I tell you to shout. Then shout!" ¹¹ So he had the ark of the LORD carried around the city, circling it once. Then the army returned to camp and spent the night there.

¹² Joshua got up early the next morning and the priests took up the ark of the LORD. ¹³ The seven priests carrying the seven trumpets went forward, marching before the ark of the LORD and blowing the trumpets. The armed men went ahead of them and the rear guard followed the ark of the LORD, while the trumpets kept sounding. ¹⁴ So on the second day they marched around the city once and returned to the camp. They did this for six days.

¹⁵ On the seventh day, they got up at daybreak and marched around the city seven times in the same manner, except that on that day they circled the city seven times. ¹⁶ The seventh time around, when the priests sounded the trumpet blast, Joshua commanded the army, "Shout! For the LORD has given you the city! ¹⁷ The city and all that is in it are to be devoted to the LORD. Only Rahab the prostitute and all who are with her in her house shall be spared, because she hid the spies we sent. ¹⁸ But keep away from the devoted things, so that you will not bring about your own destruction by taking any of them. Otherwise you will make the camp of Israel liable to destruction and bring trouble on it. ¹⁹ All the silver and gold and the articles of bronze and iron are sacred to the LORD and must go into his treasury."

²⁰ When the trumpets sounded, the army shouted, and at the sound of the trumpet, when the men gave a loud shout, the wall collapsed; so everyone charged straight in, and they took the city. ²¹ They devoted the city to

the LORD and destroyed with the sword every living thing in it—men and women, young and old, cattle, sheep and donkeys.

²² Joshua said to the two men who had spied out the land, “Go into the prostitute’s house and bring her out and all who belong to her, in accordance with your oath to her.” ²³ So the young men who had done the spying went in and brought out Rahab, her father and mother, her brothers and sisters and all who belonged to her. They brought out her entire family and put them in a place outside the camp of Israel.

²⁴ Then they burned the whole city and everything in it, but they put the silver and gold and the articles of bronze and iron into the treasury of the LORD’s house. ²⁵ But Joshua spared Rahab the prostitute, with her family and all who belonged to her, because she hid the men Joshua had sent as spies to Jericho—and she lives among the Israelites to this day.

²⁶ At that time Joshua pronounced this solemn oath: “Cursed before the LORD is the one who undertakes to rebuild this city, Jericho:

*“At the cost of his firstborn son
he will lay its foundations;
at the cost of his youngest
he will set up its gates.”*

²⁷ So the LORD was with Joshua, and his fame spread throughout the land.

Who was Israel’s new leader? Yes, his name was Joshua!

What did God tell Joshua to do? God told Joshua and his army to march around the city.

What happened when the army marched around the city on the seventh day? The walls fell down! Can you believe it?

Joshua probably wondered how marching and yelling could make walls fall down, but he did not question God. He trusted and obeyed God, and God promised that if Joshua was strong and courageous, God would be with him. And when the walls of Jericho fell, Joshua knew God had given him extraordinary strength to do something amazing.

ACTIVITY: I Am Strong!

INSTRUCTIONS: Pass out the printable from this week to each child. Tell them to draw their own face. Encourage them to decorate the rest of their body. Then, attach the arms with brass fasteners so they can “flex” their muscles! You’re so strong! And do you know why? Because God gives extraordinary strength!