

GOD GIVES US EVERYTHING WE NEED



Week 3 – Preschool Additional Resources for Parents

THE BIG IDEA: **God gives us everything we need.**

(Pat your shirt) I have my shirt

(Pat your shoes) I have my shoes

(Hug your chest) I have God's love

(Point around the room) I have good friends

(Show a Bible) I have the Bible

(Point to the sky) God gives me everything I need.

SCRIPTURE : **Ephesians 6:10-18**

(Hold up a Bible) Is the Bible something we need? Yes! We need the Bible every day.

Today's Bible story is about how God gives us everything we need.

The Bible tells us God wants us to trust and obey Jesus so we can be strong and face any hard thing that comes our way (Show your muscles).

(Show this week's printable, a picture of a soldier in armor.) This picture shows us the kind of armor God wants to give us. The belt is like God's truth. The breastplate is like God's righteousness. The shoes help us remember to tell people about Jesus.

Who can find the shield on this picture? You found it! The shield is our faith in Jesus to take care of us. The shield keeps us safe.

This soldier has a helmet. (Pat your head.) The helmet helps us remember Jesus saved and forgave us for our sins. The last thing in the picture is the sword. The Bible is our sword. We learn from the Bible so can strong when times are hard.

This soldier has everything he needs. God gives us everything we need.

The Whole Armor of God

10 Finally, be strong in the Lord and in the strength of his might. **11** Put on the whole armor of God, that you may be able to stand against the schemes of the devil. **12** For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. **13** Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. **14** Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, **15** and, as shoes for your feet, having put on the readiness given by the gospel of peace. **16** In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; **17** and take the helmet of salvation, and the sword of the Spirit, which is the word of God, **18** praying at all times in the

Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints

ACTIVITY: Head, Shoulders, Knees, and Toes

INSTRUCTIONS: Sing the song, “Head, Shoulders, Knees, and Toes” with the kids and do the motions together. Try adding the phrase, “God loves my...” at the beginning of the song. God wants to keep all of you safe from the top of your head all the way down to your toes. God gives us everything we need.

ACTIVITY: Armor Puzzle

INSTRUCTIONS: Print out the armor puzzle printable (one for each child) and cut each paper into five pieces following the cutting guides. Get the kids to work together to put the puzzle together. For older kids, you can have them use kid-safe scissors and cut their own puzzle, then solve it again.

You have all the pieces put together. Can you help me find the soldier’s helmet? What part of the soldier is safe when he wears his helmet? (Yes, his helmet keeps his head safe.) The soldier has a special kind of shoes. What part of the soldier is safe when he has his shoes on? (His feet.) We know the soldier needs special clothes to keep him safe. The soldier also has a shield. Where is his shield? (Good job! You found the shield the soldier can use to keep him safe.) This soldier has everything he needs. I am so glad God gives us everything we need.

ACTIVITY: Tin Foil Play

INSTRUCTIONS: Give each child a piece of tin foil to play with. Talk about how the soldier’s armor can be metal and shiny like this tin foil. We can show where the soldier’s armor goes with our piece of tin foil.

Where would your helmet be? (Hold your tin foil on your head.)

Where would your belt be? (Hold your tin foil at your waist.)

Where would your breastplate be? (Hold your tin foil on your chest.)

Can you pretend your tin foil is a shield? We can pretend with our tin foil and put on every piece of a soldier’s armor. God wants to cover every part of you and keep you safe. When you learn from the Bible and you learn to trust and love Jesus, you are starting to put on a special kind of armor.