

WEEK 1

SMALL GROUP GUIDE

LEVEL UP

BIG IDEA

Jesus trusted God.

THE BIBLE

The Garden of Gethsemane: Matthew 26:36-46;
(Psalm 28:7a)

QUESTIONS

- With whom was Jesus in the Garden of Gethsemane?
- What was Jesus praying for?
- How did Jesus show trust in God?
- Read Psalm 28:7a. What does this verse say about God?
- What are some things you know God wants you to do, but is difficult to do?
- How can you show you trust God in those kinds of situations?
- What are ways God can give you strength?

ACTIVITY

Ask the kids to think back to "Pressed for a Purpose" reflection time. Ask them to write down a few ways God is "pressing" them or challenging them to do something for God. You could prompt them with examples such as, spending less time playing games and more time reading the Bible, being kind to someone who isn't kind back, working harder on schoolwork, practicing an instrument or sport, etc.

No matter what the challenges, let's do our best and let God handle everything else. Remember, we can always trust God just like Jesus trusted God!

MEMORY VERSE OF THE MONTH: Hebrews 12:2 (NIV)

Looking for sign language? Go to growcurriculum.org/Hebrews12-2
and get memorizing!