

# JESUS TRUSTED GOD

LEVEL UP

## Week 1 – Elementary Additional Resources for Parents

### QUESTIONS: All About Trust

**INSTRUCTIONS:** Ask these questions and have kids respond and engage in discussion.

**Who is someone you trust?** (such as a teacher, a parent, a friend)

**Has that person ever given you directions you really didn't want to do? What was it?** (such as be nice to someone at school, share with someone, help someone out)

Sometimes, it can be easy to trust others, but not always. Especially if they are asking us to do something we don't fully understand. Today, we are going to see what Jesus did when in a similar situation!

### ***Gethsemane - Matthew 26:36-46***

<sup>36</sup> Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." <sup>37</sup> He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. <sup>38</sup> Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me."

<sup>39</sup> Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."

<sup>40</sup> Then he returned to his disciples and found them sleeping. "Couldn't you men keep watch with me for one hour?" he asked Peter. <sup>41</sup> "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

<sup>42</sup> He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done."

<sup>43</sup> When he came back, he again found them sleeping, because their eyes were heavy. <sup>44</sup> So he left them and went away once more and prayed the third time, saying the same thing.

<sup>45</sup> Then he returned to the disciples and said to them, "Are you still sleeping and resting? Look, the hour has come, and the Son of Man is delivered into the hands of sinners. <sup>46</sup> Rise! Let us go! Here comes my betrayer!"

Jesus knew what God was asking Jesus to do, and that some men were coming to arrest Jesus. These men were going to hurt Jesus and nail Jesus to a cross, and Jesus would die. This was going to be the hardest thing Jesus would have to do, but Jesus trusted God. Jesus knew when this happened, everyone could be forgiven of their sins and have a relationship with God forever.

**Do you know what a sin is?** A sin is when we do something, anything, that God doesn't want us to do. We all sin from time to time and we all make mistakes. So, Jesus prayed to God. **What does the word "pray" mean?** It simply means to talk to God. Jesus asked God, "If there is any other way to do this, then let's do that instead. But if not, I will do what You ask." In other words, Jesus trusted God so much, Jesus was willing to do what God asked, even though it was hard. And it's a good thing Jesus did because that's what saved us!

**QUESTION: Imagine How Jesus Felt**

**INSTRUCTION:** Ask the kids to close their eyes as they ponder this question.

**How do you think Jesus felt knowing how hard this was going to be?**

Jesus trusted God with everything. Even though this was going to be hard, Jesus knew God could be trusted. Sometimes, God will ask us to do something that is hard or even a little bit scary. But we can trust God will be with us and help us.

**Memory Verse: Hebrews 12:2**

***Fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.***