



THE BIG IDEA | I am wonderful because God made me!

Preschool

SCRIPTURE | Fearfully and Wonderfully Made: Psalm 139

INSTRUCTIONS: *Look up Psalm 139 :1-6, 14 in your Bible and read it to the kids.*

- Well, that's interesting! This Bible passage tells us God knows when you are sitting down! **Do you think God knows you are all sitting down right now?** Yes, God does!
- Now, everyone stand up. **Does God know you are all standing up?** Yes, God knows that, too! Now, everyone lie down. **Does God know you are lying down?** Yep! God knows that, too! Everyone can sit back up now.
- God knows everything we do because God made each of us. Verse 14 says we are each wonderfully made by God!
- I am wonderful because God made me! You are wonderful because God made you!

ACTIVITY | Wonderfully Made Self

- **INSTRUCTIONS:** *Pass out a paper plate to each of the kids. Provide various skin-toned markers or crayons, plus markers or crayons for eyes, lips etc. You can also provide different colored yarn for hair, if you want. Ask the kids to create a picture of their wonderfully made face on the paper plate. As the kids complete their faces, they can hold their plates like a mask and tell each other, "I am wonderful because God made me!"*

DISCUSSION

- **What are some things about you that make you special?**
- **Read Psalm 104:24. What are some other things God has made in the world that are wonderful, too?**
- **What is one thing about yourself that you're thankful to God for?**

PRAYER

- Thank You, God, for making me and all my friends. You made each of us exactly how You want us to be. Help us to love ourselves and our uniqueness and remind us we are each wonderfully made!

MEMORY VERSE | Psalm 95:1

